

Farewell

CC VIM is saying goodbye to Lisle Wescott and Brian Mense, both long-term board members. Without their support and vision, CC VIM would simply not be in its current position to provide free, quality health care for our neighbors.



Lisle Wescott



Brian Mense

Lisle has served the board for 11 years and CC VIM benefited tremendously from her strategic planning. She is the former president of SSM Health St. Joseph Hospital - Lake St. Louis. Her leadership skills drove our planning and goals, reaching out to develop new community partnerships, expanding our services, and developing new board members. Lisle is a joy to work with and a true leader.

Brian is an attorney in private practice with offices in Warrenton and Washington, Missouri. Being on the CC VIM board for 13 years, he has helped to oversee our growth and provide legal advice through two moves and our continuing growth. He's genuinely interested in serving the community, both in a legal and humanitarian capacity. We will miss his reassuring, guiding presence as much as his sense of humor. Brian has been with CC VIM since its inception and he will be sorely missed.

Fundraising 2024

Give STL Day is scheduled for May 9, 2024 and is the St. Louis Community Foundation's day-long, online event that helps nonprofits connect with new potential donors, highlights synergies with peer organizations, and increases awareness of their missions! Give STL Day has raised more than \$30 million over the last 10 years! We hope that we can raise both attention and funds for CC VIM, so mark your calendars for May 9th to donate and share about donating on your own social media!

The **2024 Crossroads Clinic Volunteers in Medicine Fundraising Dinner** is going to be held on October 18, 2024 at the Christy Banquet Center in O'Fallon. This year's theme is a masquerade! Plan on wearing a mask to conceal your identity, but we're not hiding the fun! Enjoy live music, silent auction, delicious dinner, and an open bar as we unveil who is wearing that mask!

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Incorporated 501(C)(3) Nonprofit

**SERVING WESTERN
ST. CHARLES,
WARREN, LINCOLN
AND MONTGOMERY
COUNTIES**

36

2023 New Patients

272

2023 In-Person Visits

212

2023 Telehealth Visits

Crossroads Clinic Now Offers Latest Technology In Diabetic Care

Thanks to an anonymous donor, Crossroads Clinic is now able to offer select diabetic patients a continuous glucose monitor (CGM). A CGM is a device used for monitoring glucose levels instead of periodically obtaining blood from a fingerstick. This allows users to see updated blood glucose levels every one to fifteen minutes, as well as trends over time.



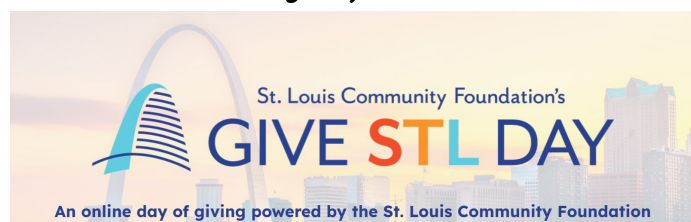
A CGM consists of three parts: A small electrode is placed under the skin, a transmitter that sends readings to the receiver at regular intervals, and a receiver that shows the glucose level on a display. This receiving device is frequently a smart phone. The CGM allows patients to see blood sugars responses to what they are eating and provides physicians the tools needed to optimize their treatment plan and medications.

Patients currently using the CGM, along with diabetic education provided by our nursing staff, have already shown marked improvement.

This clinic initiative has been led by David Maul, RN and Kathy Franklin, RN.



**Mark your calendar
for the next Give STL Day:
May 9, 2024**



VOLUNTEER SPOTLIGHT Janet Moran, MSW Admin Volunteer

Janet Moran learned about CCVIM via a fellow church member at Church of the Shepard, Doreen Lewis RN! Janet came to volunteer with us in Spring 2023 and quickly became invaluable given her many talents.

Janet was born in New York and moved to Missouri from Boise, Idaho. She obtained her MSW from the University of Illinois. Her clinical social work and leadership in mental health has spanned 13 years:

COO for Center Pointe Hospital (previously known as Spirit of St. Louis Hospital) 1995-1998
Planned Parenthood 1998-2015
Urology of St. Louis 2015-2019



As an administrative volunteer, Janet pays invoices as directed, manages our donor list, sends thank you notes to donors, orders supplies as needed and other duties as assigned by the medical office coordinator - Susan Baker, RN.

My desk is close to Janet's and I have been impressed with her kind manner when speaking to others, the smile that is always on her face and how she is ready to listen and help others without being asked. Janet is an advocate for mental health care for all, especially the vulnerable amongst us.

I asked Janet if she had any aha's since joining CCVIM? She answered, "This staff provides quality healthcare with good follow-up as needed and many are long-term volunteers here." It will be wonderful if we can count Janet as a long-term volunteer in time!